

November 2018

Assisted Living Lifestyle & Leisure



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



MAPLE LEAF
ASSISTED LIVING & MEMORY CARE

9001 Lake City Way NE
Seattle, WA 98115
206-729-1200

Location Keys

Activity Room	AC
Bistro	B
Club Room	CB
Dining Room	DR
Front Desk	FD
Living Room	LV
Memory Care	MC
Multi Purpose Room	MP
Private Dining Room	PDR

<p>Daylight Saving Time Begins 4</p> <p>10:00 Church Communion [AC]</p> <p>11:00 Board Games [LV]</p> <p>1:30 Sing Along [CB]</p> <p>2:30 Bingo [AC]</p> <p>3:30 Women's Group [AC]</p> <p>4:00 Wii Bowling [MP]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>Fred Meyer Groceries 5</p> <p>9:30 Fred Meyer Groceries [5]</p> <p>11:15 Daily Exercise [LV]</p> <p>11:30 Brain Teaser Worksheet [FD]</p> <p>11:45 Yellow Ball [AC]</p> <p>1:00 Scenic Drive w/ Memory Care</p> <p>2:30 Bingo [AC]</p> <p>3:45 Margarita Mondays [CB]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>Election Day 6</p> <p>9:00 Walking Club</p> <p>10:00 Medical Transportation</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>1:00 Sally & The Dogs [CB]</p> <p>1:30 Arts & Crafts w/ Janet [AC]</p> <p>2:30 Bingo [AC]</p> <p>3:30 Brain Games [AC]</p> <p>3:45 Wii Bowling [MP]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>9:15 Nail Painting [AC]</p> <p>10:00 Morning News [B]</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>11:30 Goodwill & \$ Store</p> <p>1:00 It Happened In November [CB]</p> <p>2:30 Happy Hour w/ Steve Flynn</p> <p>2:30 Wine & Cheese Social [CB]</p> <p>3:00 Learn To Knit [PDR]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>10:00 Doughnuts & News [B]</p> <p>10:00 Medical Transportation 1</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>1:30 Arts & Crafts [AC]</p> <p>2:00 Root Beer Float Social [CB]</p> <p>2:30 Bingo [AC]</p> <p>4:00 Maple Leaf Cocktail Party</p> <p>6:30 After Dinner Movie [MP]</p>	<p>10:00 Morning News [B]</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Music Therapy w/ David [MC]</p> <p>11:00 Yellow Ball [AC]</p> <p>11:30 Errand Bus</p> <p>1:30 Worship Service [MP]</p> <p>3:00 Coffee & Hot Chocolate w/ Snacks [LV]</p> <p>3:30 November Calendar Review [LV]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>11:30 Scenic Drive [AC]</p> <p>1:00 Afternoon Documentary w/ Popcorn [MP]</p> <p>1:30 Baking Club [AC]</p> <p>2:30 Bingo [AC]</p> <p>3:45 Computer/ Email Help [AC]</p> <p>6:30 After Dinner Movie [MP]</p>
<p>Veterans Day 11</p> <p>10:00 Church Communion [AC]</p> <p>11:00 Board Games [LV]</p> <p>11:30 Veterans Day Lunch [PDR]</p> <p>1:30 Patriotic Sing Along [CB]</p> <p>2:30 Bingo [AC]</p> <p>3:30 Women's Group [AC]</p> <p>4:00 Wii Bowling [MP]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>Fred Meyer Groceries 12</p> <p>9:30 Fred Meyer Groceries [12]</p> <p>11:15 Daily Exercise [AC]</p> <p>11:30 Brain Teaser Worksheet [FD]</p> <p>11:45 Yellow Ball [AC]</p> <p>1:00 Scenic Drive w/ Memory Care</p> <p>2:30 Bingo [AC]</p> <p>3:45 Margarita Mondays [CB]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>Walking Club 13</p> <p>9:00 Walking Club</p> <p>10:00 Medical Transportation</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>1:00 Caregiver Appreciation Party [CB]</p> <p>2:00 Chef Chat w/ Kenny [CB]</p> <p>2:30 Bingo [AC]</p> <p>3:30 Brain Games [AC]</p> <p>3:45 Wii Bowling [MP]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>9:15 Nail Painting [AC]</p> <p>10:00 Morning News [B]</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>11:30 Lunch Out @ Brileys BBQ & Grill</p> <p>2:30 Happy Hour</p> <p>2:30 Wine & Cheese Social [CB]</p> <p>3:00 Learn to Knit [AC]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>10:00 Doughnuts & News [B]</p> <p>10:00 Medical Transportation 15</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>1:30 Arts & Crafts [AC]</p> <p>2:00 Root Beer Float Social [CB]</p> <p>2:30 Bingo [AC]</p> <p>3:45 Wii Bowling [MP]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>10:00 Morning News [B]</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Music Therapy w/ David [MC]</p> <p>11:00 Yellow Ball [AC]</p> <p>11:30 Errand Bus</p> <p>1:30 Worship Service [MP]</p> <p>3:00 Coffee & Hot Chocolate w/ Snacks [LV]</p> <p>3:00 Trivia & Treats [LV]</p> <p>5:00 Thanksgiving Dinner</p> <p>6:30 After Dinner Movie [MP]</p>	<p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>11:30 Scenic Drive [AC]</p> <p>1:00 Afternoon Documentary w/ Popcorn [MP]</p> <p>1:30 Baking Club [AC]</p> <p>2:30 Bingo [AC]</p> <p>3:45 Computer/ Email Help [AC]</p> <p>6:30 After Dinner Movie [MP]</p>
<p>10:00 Church Communion [AC] 18</p> <p>11:00 Board Games [LV]</p> <p>1:30 Sing Along [CB]</p> <p>2:30 Bingo [AC]</p> <p>3:30 Women's Group [AC]</p> <p>4:00 Wii Bowling [MP]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>Fred Meyer Groceries 19</p> <p>9:30 Fred Meyer Groceries [19]</p> <p>11:15 Daily Exercise [AC]</p> <p>11:30 Brain Teaser Worksheet [FD]</p> <p>11:45 Yellow Ball [AC]</p> <p>1:00 Scenic Drive w/ Memory Care</p> <p>2:30 Bingo [AC]</p> <p>3:45 Margarita Mondays [CB]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>Walking Club 20</p> <p>9:00 Walking Club</p> <p>10:00 Medical Transportation</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>1:30 Arts & Crafts w/ Janet [AC]</p> <p>2:30 Bingo [AC]</p> <p>3:30 Brain Games [AC]</p> <p>3:45 Wii Bowling [MP]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>9:15 Nail Painting [AC]</p> <p>10:00 Morning News [B]</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>11:30 Molbak's Nursery</p> <p>1:45 Trivia & Treats [CB]</p> <p>2:30 Happy Hour w/ Honky Tonk Sweethearts [CB]</p> <p>2:30 Wine & Cheese Social [CB]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>Thanksgiving 22</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>11:30 Thanksgiving Lunch [DR]</p> <p>1:30 Holiday Movie [MP]</p> <p>2:30 Bingo [AC]</p> <p>3:45 Wii Bowling [MP]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>10:00 Morning News [B]</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Music Therapy w/ David [MC]</p> <p>11:00 Yellow Ball [AC]</p> <p>11:30 Errand Bus</p> <p>1:30 Worship Service [MP]</p> <p>3:00 Coffee & Hot Chocolate w/ Snacks [LV]</p> <p>3:00 Vibrant Life Inspires Meeting [LV]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>10:30 Daily Exercise [AC]</p> <p>11:00 Brunch Out @ Flo Anna's Diner [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>1:00 Afternoon Documentary w/ Popcorn [MP]</p> <p>1:30 Baking Club [AC]</p> <p>2:30 Bingo [AC]</p> <p>3:45 Computer/ Email Help [AC]</p> <p>6:30 After Dinner Movie [MP]</p>
<p>10:00 Church Communion [AC] 25</p> <p>11:00 Board Games [LV]</p> <p>1:30 Patriotic Sing Along [CB]</p> <p>1:30 Sing Along [CB]</p> <p>2:30 Bingo [AC]</p> <p>3:30 Women's Group [AC]</p> <p>4:00 Wii Bowling [MP]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>Fred Meyer Groceries 26</p> <p>9:30 Fred Meyer Groceries [26]</p> <p>11:15 Daily Exercise [AC]</p> <p>11:30 Brain Teaser Worksheet [FD]</p> <p>11:45 Yellow Ball [AC]</p> <p>1:00 Scenic Drive w/ Memory Care</p> <p>2:30 Bingo [AC]</p> <p>3:45 Margarita Mondays [CB]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>Walking Club 27</p> <p>9:00 Walking Club</p> <p>10:00 Medical Transportation</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>1:30 Arts & Crafts [AC]</p> <p>2:30 Bingo [AC]</p> <p>3:30 Brain Games [AC]</p> <p>3:45 Wii Bowling [MP]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>9:15 Nail Painting [AC]</p> <p>10:00 Morning News [B]</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>11:30 NG Mall & Target</p> <p>2:30 Wine & Cheese Social [CB]</p> <p>3:30 Happy Hour w/ Nick Baker & Brian [CB]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>10:00 Doughnuts & News [B]</p> <p>10:00 Medical Transportation 29</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>1:30 Arts & Crafts [AC]</p> <p>2:00 Root Beer Float Social [CB]</p> <p>2:30 Bingo [AC]</p> <p>3:45 Wii Bowling [MP]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>10:00 Morning News [B]</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Music Therapy w/ David [MC]</p> <p>11:00 Yellow Ball [AC]</p> <p>11:30 Errand Bus</p> <p>1:30 Worship Service [MP]</p> <p>3:00 Coffee & Hot Chocolate w/ Snacks [LV]</p> <p>3:00 Trivia & Treats [LV]</p> <p>5:00 November Birthday Dinner [PDR]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>11:30 Scenic Drive [AC]</p> <p>1:00 Afternoon Documentary w/ Popcorn [MP]</p> <p>1:30 Baking Club [AC]</p> <p>2:30 Bingo [AC]</p> <p>3:45 Computer/ Email Help [AC]</p> <p>6:30 After Dinner Movie [MP]</p>
<p>10:00 Church Communion [AC] 25</p> <p>11:00 Board Games [LV]</p> <p>1:30 Patriotic Sing Along [CB]</p> <p>1:30 Sing Along [CB]</p> <p>2:30 Bingo [AC]</p> <p>3:30 Women's Group [AC]</p> <p>4:00 Wii Bowling [MP]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>Fred Meyer Groceries 26</p> <p>9:30 Fred Meyer Groceries [26]</p> <p>11:15 Daily Exercise [AC]</p> <p>11:30 Brain Teaser Worksheet [FD]</p> <p>11:45 Yellow Ball [AC]</p> <p>1:00 Scenic Drive w/ Memory Care</p> <p>2:30 Bingo [AC]</p> <p>3:45 Margarita Mondays [CB]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>Walking Club 27</p> <p>9:00 Walking Club</p> <p>10:00 Medical Transportation</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>1:30 Arts & Crafts [AC]</p> <p>2:30 Bingo [AC]</p> <p>3:30 Brain Games [AC]</p> <p>3:45 Wii Bowling [MP]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>9:15 Nail Painting [AC]</p> <p>10:00 Morning News [B]</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>11:30 NG Mall & Target</p> <p>2:30 Wine & Cheese Social [CB]</p> <p>3:30 Happy Hour w/ Nick Baker & Brian [CB]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>10:00 Doughnuts & News [B]</p> <p>10:00 Medical Transportation 29</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>1:30 Arts & Crafts [AC]</p> <p>2:00 Root Beer Float Social [CB]</p> <p>2:30 Bingo [AC]</p> <p>3:45 Wii Bowling [MP]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>10:00 Morning News [B]</p> <p>10:30 Daily Exercise [AC]</p> <p>11:00 Music Therapy w/ David [MC]</p> <p>11:00 Yellow Ball [AC]</p> <p>11:30 Errand Bus</p> <p>1:30 Worship Service [MP]</p> <p>3:00 Coffee & Hot Chocolate w/ Snacks [LV]</p> <p>3:00 Trivia & Treats [LV]</p> <p>5:00 November Birthday Dinner [PDR]</p> <p>6:30 After Dinner Movie [MP]</p>	<p>10:30 Daily Exercise [AC]</p> <p>11:00 Yellow Ball [AC]</p> <p>11:30 Scenic Drive [AC]</p> <p>1:00 Afternoon Documentary w/ Popcorn [MP]</p> <p>1:30 Baking Club [AC]</p> <p>2:30 Bingo [AC]</p> <p>3:45 Computer/ Email Help [AC]</p> <p>6:30 After Dinner Movie [MP]</p>